

Transform and Enrich Your Life: Register Now

Foundations of New Thought

13 Weeks Beginning Sunday February 8, 1-3 PM
 \$10 per class
 Instructor: Rev. Julie Applegate

Discover and express the power, creativity, freedom, abundance and joy that lie within you. Build a firm foundation of Spirit as you transform and expand your life, career and relationships.

TOPICS INCLUDE:

- The One Cosmic Reality
- Discover and creating what you truly want
- Forgiving the past, living the present, designing the future
- The creative process and the power of thought
- Spiritual mind treatment and the power of prayer
- Realizing Divine Supply
- Fundamentals of relationships
- Meditation as a daily spiritual practice

This is an entry-level class; you are introduced to the Core Concepts of Science of Mind. You will learn how to apply these Universal Principles in meditations. It is a prerequisite for all other certificated classes your daily practices through experiential exercises and guided and Practitioner training.

Self-Mastery Class:

The Emergence of the True Self
 8 week class beginning Thursday
 January 15, 7:00 -9:00 PM
 \$10 per class

Pre-requisite: Foundation
 Instructor: Rev. Cathi Condon
 Required for Practitioner Training

If you are ready to take charge of your life, Self Mastery is for you. The class will support you in developing simple daily practices for mastering your thoughts, emotions and reactions. Through safe exploration you can discover how intentional thoughts and actions help you gain mastery in the art of living more fully,

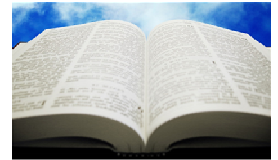
abundantly and powerfully.

The Self Mastery Class focuses on healing the perceived separation between personality and Spirit. Through an active exploration of the creative nature of thoughts and feelings, beliefs and emotions, the students have an opportunity to gain mastery in the art of living as a conscious, intentional being.

“When you have a life that is based on who you truly are, no amount of change can shake you; no amount of uncertainty can bring instability.”

What the Secret Gospels Tell Us About Our True Nature

Saturday, January 24, 9:00 am—4:00 pm
 \$55 Bring a sack lunch.
 Instructor: DyAnne Greentree-Wood MDiv.

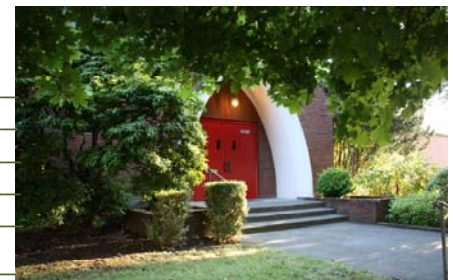


Ever wondered about these secret gospels everyone is talking about? Where did they come from? Why are they secret? And what do they mean for my life here and now? Well come and join us explore these very questions. We will explore what the Gospel of Thomas tells us about our hearts desires. We will look at who we are according to the pages of the Gospel of May Magdalene. And we will discuss what this conspiracy is behind the Gospel of Judas and more.

Open Spirit A New Thought Spiritual Community

Date _____
 Name(s) _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____ E-mail _____
 Class _____

50% deposit required for registration Deposit: _____



All classes held at...

2800 SE Harrison, Portland, Oregon, 97214

Phone: 503-788-0085



Inside Story Headline

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new product.

You can also research articles or find “filler” articles by accessing the World



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publication. So, when you're finished writing your newsletter, convert it to a Web site and post it.

Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web

Inside Story Headline

This story can fit 100-150 words.

The subject matter that appears in newsletters is virtually endless. You can include stories that focus on current technologies or innovations in your field.

You may also want to note business or economic trends, or make predictions for your customers or clients.

If the newsletter is distributed internally,

you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is growing.

Some newsletters include a column that is updated every issue, for instance, an advice column, a book review, a letter from the president, or an editorial.

You can also profile new employees or top customers or vendors.

“To catch the reader's attention, place an interesting sentence or quote from the story here.”

Inside Story Headline

This story can fit 75-125 words.

Selecting pictures or graphics is an important part of adding content to your newsletter.

Think about your article and ask yourself if the picture supports or enhances the message you're trying to convey. Avoid selecting images that appear to be out of context.

Microsoft Publisher includes thousands of clip art images from which you can choose and import into your newsletter. There are also several tools you can use to draw shapes and symbols.

Once you have chosen an image, place it close to the article. Be sure to place the



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caption of the image near the image.

On Going at Open Spirit

SPIRITUAL CREATIVES

Sundays – starting Feb. 1, 2009, 9:30 a.m. – 10:30 a.m.
Sponsored by New West Seminary and Open Spirit Community

Facilitated by Rev. Myrna Yoder, MFA, MDiv, artist for McMenamins for 17 years

Myrna Yoder at: myrnayoder@earthlink.net or 503-281-6015

The nature of the Divine is creative. We, as humans, are expressions of the Divine and therefore our nature is creative as well. However, often with creation comes chaos and a lot of it.

Times of chaos are the greatest opportunities for creation. They are also usually the most uncomfortable times in our lives. The times that we are in right now are full of a great deal of fear, instability, and change. For many of us, this is a call to create new things in our lives.

To honor this we are starting a group that responds to and supports our inner call and desire to create and be creative in our lives.

Each session will consist of these elements:

GOING IN. *Through prayer and meditation we will go into our own souls to connect with the Divine. We open to the opportunity to be inspired and guided, and to gain insight and connection.*

HOLY LISTENING. *We witness for each other what we have received during our time of going in.*

SERVICE FOR THE GREATER COMMUNITY AND THE WORLD. *We end each session as a creative force for Good and for God by sending healing energy and Grace to those we know and love, to those who challenge us, and to the entire Earth we live on.*

HOMEWORK. *Discernment, Reflection, Action.*

Times of chaos are the greatest opportunities for creation.



Drumming Circle

No experience is necessary to join this group in creating sounds that awaken the heart. If you own an instrument bring it along. **Meets the second Sunday and last Friday of each month.**

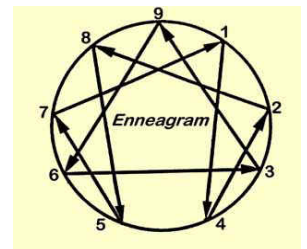
Abraham Hicks Study Group - Every Sunday 6:30 - 8:00 PM

Beginning February 1st. A study group will meet in the library to read, listen and discuss the teachings of Abraham-Hicks. Facilitators - DyAnne Greentree Wood, Debbie Pettiejohn and Rev Cathi Condon.

Introduction to the Enneagram

Saturday January 31 - 9:00 - 4:30 Sunday February 1 - 12:30 - 5:00

This two day workshop provides an introduction and core concepts of the ancient psycho/spiritual tool known as the Enneagram. Understanding the Enneagram is a powerful way to grow spiritually and psychologically. Its accuracy is amazing and in the words of one of its primary teachers "The Enneagram does not put you in a box; rather it provides the keys to freeing yourself from the box you are already in". Facilitated by: Rev Julie Applegate and Molly Eacret \$100.00 - includes materials \$60.00 Refresher course - for those who already know their type. Sign up in the fellowship hall or sign up on line at mollyeacret@ouopenspirit.org. For more information please call Molly Eacret at 503-625-7962.



Upcoming Events: Watch for More Details

Sacred Theatre Tryouts: February 14, 2:00 PM at Open Spirit

Sacred Theatre: March 14, 7:00 PM at Open Spirit, 2800 SE Harrison

Women's Beach Retreat: May 1-3

The Spiritual Enneagram Retreat: May 24, 25, 26. Alton Collins Retreat Center





Primary Business Address
Your Address Line 2
Your Address Line 3
Your Address Line 4

Phone: 555-555-5555
Fax: 555-555-5555
E-mail: someone@example.com

Your business tag line here.

This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.

We're on the Web!
example.microsoft.com

Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

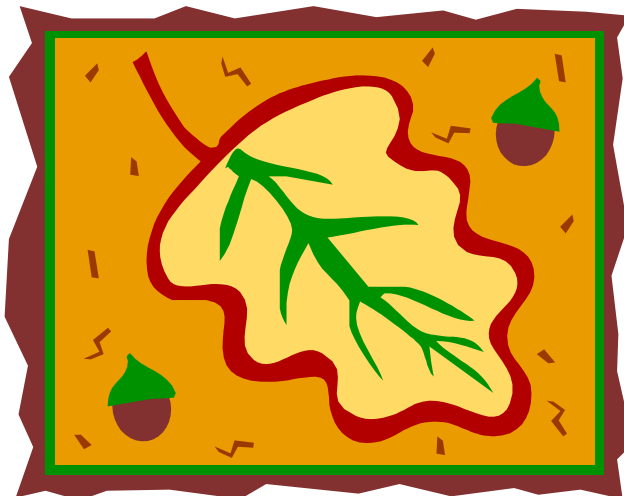
If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to

any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the

month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.



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